



Preventing Child Abuse

PARENTS SURVIVAL GUIDE FOR SCREENS AND TEENS

HOW TO TEACH YOUR CHILDREN TO THINK AND TO BE A GOOD DIGITAL CITIZEN

Do you know the age limits for social media?

- Facebook, Instagram, Twitter; Tumblr, Reddit, Secret, Snapchat, Pinterest, Habbo, Google+ – AGE LIMIT 13 YEARS OLD
- Linked in – AGE LIMIT 14 YEARS OLD
- What's App – AGE LIMIT 16 YEARS OLD
- Vine – AGE LIMIT 17 YEARS OLD
- You tube, Wechat, Kik, Keek, Foursquare, Flickr - AGE LIMIT 18 YEARS OLD, but 13 to 17 years old with Parental permission.

50% of parents are unaware of the social media age limits and 1 in 5 parents did know there WERE any social media age limits (source 17th March 2017 NSPCC)

Statistics (source: Saturday telegraph – 23 September 2017)

- 72% of 12 to 15 year olds have a social media profile
- 9% of 11 to 15 year olds are communicating via social media at 10pm
- 42% of 8 to 11 years olds prefer watching You Tube to watching a TV set
- 51% of 12 to 15 year olds use SnapChat
- 32% of 8 to 11 year olds have a smart phone
- 17% of 12 to 15 year olds have deleted their browser history
- 34% of 12 to 15 year olds have encountered “hate speech” on online in last year
- 21% of 12 to 15 year olds play games with people they have never met
- 64% of 12 to 15 year olds have a good balance between screen time doing other things
- 41% of parents admit they find it hard to control their child’s screen use

Advice and damage limitation

- Create a rule book so you have a compass
- If YOUR name is on the phone contract YOU are legally responsible for the traffic of communication
- Limit screen time
- Try to keep screens in a public place
- If your child is becoming socially withdrawn and showing signs of anxiety - ACT !