

Good afternoon,

“Creativity is intelligence having fun”
Albert Einstein

The Easter holidays is traditionally a time for family and friends to come and celebrate time together. Although this may look different this year...the **fun** can still happen and there are still wonderful things to do whilst you **stay at home with your children.**

Ideas to enjoy as a family this week 😊

1. A Scavenger Hunt!

This is a great way of enjoying the outside and inside of your homes. Get the kids moving and get their spirits up! If you've been feeling a bit stuck, let's get you unstuck with different hunts including indoors, the back garden, with the camera, and around the neighbourhood on a family walk. You could even do a timed one – adults versus children!



2. Balloon Baking Powder Science!

- Blow up the balloon a bit to stretch it out some.
- Use the funnel and teaspoon to add baking soda to the balloon. We started with 2 teaspoons and added a teaspoon for each balloon.
- Fill the container with Vinegar halfway
- When your balloons are all made attach to containers making sure you have a good seal!
- Lift up the balloon to dump the baking soda into the container of vinegar
- Watch the balloon fill up
- To get the most gas out of it, we swirled around the container to get it all going!



WHY NOT DRAW FACES ON THE BALLOONS AND CREATE YOUR OWN CHARACTER?

3. Lego Tower Challenge Game!

This is a great way to get kids practicing their Number skills and connecting with others. Roll the die and follow the game board to see who will build the tallest tower using basic LEGO bricks. Maybe the children will even invent their own rules 😊



4. **Egg Drop Challenge!**

DIRECTIONS:

STEP 1: Fill all your bags with packaging materials while carefully fitting in an egg into each bag. You can tape the bags shut if you want. We did use tape for the bag of water.

STEP 2: Once your bags are completed, your egg drop challenge is ready for you to test! Make sure to drop the eggs from the same height each time!



5. **Create your own family life size drawings!**

Stick a load of A4 sheets of paper together (or if you have a big paper roll even better!) and place it on the floor. Encourage the kids to lie down on it and outline their body with a pen. From this moment on there is no way to stop the kids getting creative: colour in, add accessories to the figures like stickers or stamps, design clothes with old material offcuts or other things you might find in the art drawer. The kids will have lots of fun with the real-size copies and you may have something really special to decorate their bedroom wall afterwards.

Help is still out there:

- We may be stuck at home but don't isolate yourselves – consider how to engage safely with others eg. facetime, download the 'zoom' app, writing letters (everyone loves mail!), etc.
- Our emotional health has never been so important – why not download the 'chill panda' app and enjoy as a family.
- Professionals are still out there to help – it just may be done in slightly different way 😊 If you need support, please remember to ask – we are in this together!

Best wishes

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