

Featherstone Wood Newsletter

Friday, 15 October 2021



Hello Parents and Carers



Today we have been wearing something yellow as part of mental health awareness. Hertfordshire Family Centre Service have some workshops for parents wanting to learn information on supporting their child's emotional wellbeing or self esteem.

Supporting Your Child's Emotional Wellbeing



Who is this workshop for?

Parents of children aged 5-11 wanting to learn information and strategies on how to support their child's emotional wellbeing and support their child to emotionally regulate.

What will be covered?

- What are emotions and why do we have them?
- The Fight, Flight and Freeze Response
- Recognising, Labelling and Normalising Emotions
- General Emotional Regulation Strategies
- Specific Emotional Regulation Tips for Anger, Anxiety and Feelings of Sadness
- Additional resources



What will I learn?

- How our brains are linked with emotion and how thoughts, feelings and behaviours interact
- Strategies to support your child to recognise, label and regulate emotions and maintain general wellbeing
- How to support your child to effectively problem solve and manage their thoughts

Dates

All workshops are via MS Teams



Tuesday 7th December 2021
10am - 12pm

<https://www.eventbrite.co.uk/e/supporting-your-childs-emotional-wellbeing-and-ability-to-self-regulate-tickets-186956360507>

Supporting Your Child's Self-esteem Workshop



Who is this workshop for?

Parents of children aged 5-11 wanting to learn information and strategies on how to support their child's self-esteem

What will be covered?

- What is self-esteem?
- What causes self-esteem?
- How does it affect us?
- Tips to build self-esteem
- Additional resources



What will I learn?

- What self-esteem is and how it affects us
- Practical strategies to increase self-esteem
- How to challenge thoughts
- Step-by-step plans to increase confidence

Dates

All workshops are via MS Teams



Thursday 2nd December 2021
6pm - 7.30pm

<https://www.eventbrite.co.uk/e/supporting-your-childs-self-esteem-tickets-190947558287>

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Congratulations to our Star Learners



6

Erin is Star Learner this week for producing some lovely literacy work.



5

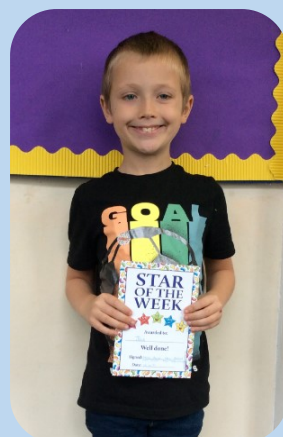


Riley is star learner for turning around his behaviour. He has been more focused and produced some outstanding work and has been more settled in class.



4

Kyle is Star Learner this week for being a great student and for producing some excellent maths work.



3

We have seen a great improvement with Jack following Year 3 rules and working more independently. He has completed some super learning across the board this week. Well done Jack on being Star Learner

2

Emma-Jane is our Star Learner this week for her improved communication and pencil control. We are super proud of you Emma-Jane!



1

Our star learner this week has put 100% into his learning and has made super progress. Well done.



R

Emilio is our star learner this week for independence at home and school. He has worked really hard on his maths in class this week too. We are super proud of him. Well done.

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*Reminder that on Monday we will
be taking photos in time for
Christmas. We will again be selling the photos in
frames. Look out for your proof in the coming weeks*



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OUTSTANDING PERSON OF THE WEEK

Every Monday in the School Assembly we will be focusing on a different role model each week using our beautiful new 'Little People, Big Dreams' books in the library. So our OUTSTANDING PERSON OF THE WEEK for 18th October is:

Astrid Lindgren

Astrid Lindgren grew up on a farm in Sweden and had a passion for reading. When her daughter was ill she made up a story about a girl called 'Pippi Longstocking' the character her daughter had created. These stories were later translated into more than 100 languages



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Are you the parent of a child with Special Needs ? If so you could benefit from the free SEND drop in session on Monday 18th October 10-00—11.30am. Bookable through Eventbrite

SEND families



SEND DROP IN

3rd Monday in every month – 10.00 – 11.30am

Bedwell Family Centre, Unit 2-3 Bedwell Park, Stevenage, SG1 1NB

FREE bookable session

SESSION DETAILS

Are you a Parent of a Child with Special Needs?

If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis

We can provide a friendly ear and a safe space to talk.

Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place
<https://barnardos-stevenage.eventbrite.co.uk>

MORE INFORMATION

hertsfamilycentres.org Call us on: 0300 123 7572



Hertfordshire
Family Centre
Service



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FAMILY PLAY SESSIONS ARE BACK!



NO NEED TO BOOK
(Limited spaces available)

Opening times:
Monday to
Friday 3.15pm
until 5.30pm

It's Free!

Bandley Hill, Pin Green and St. Nicholas play centres would like to welcome Stevenage families to come along and join in all the fun.
Children registration required.

Please visit our website for further information and to register online:
www.stevenage.gov.uk



Stevenage
BOROUGH COUNCIL

Half term is around the corner so why not make use of the family play sessions provided by Stevenage Borough Council. Celebrating the 75th anniversary of Stevenage the activity programme will include traditional street games enjoyed by generations.

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OCTOBER HALF TERM ACTIVITY PROGRAMME 2021



We are celebrating the 75th Anniversary of the Stevenage New Town

The play activity programme includes traditional and street games that generations of children have played in the town.

FREE FOR STEVENAGE CHILDREN AGED 5 - 12 YEARS OLD

MONDAY TO FRIDAY 9.30AM - 12.30PM & 1.30PM - 4.30PM

Monday 25th to Friday 29th October 2021

Bandley Hill Play centre	Monday	Tuesday	Wednesday	Thursday	Friday
Tel. no. 01438 218848	AM: Hula hoop and limbo competition	Make a whizzbang and prize bingo	Stilts and welly wanging	Dodge ball and team games	Giant and French Skipping
	PM: Jack stones and marble games	Pavement art competition	Cats cradle and hoopla challenge	Skittles and parachute games	Party dances and games

Pin Green Play centre	Monday	Tuesday	Wednesday	Thursday	Friday
Tel. no. 01438 726749	AM: Giant and French Skipping	Jack stones and marble games	Make a whizzbang and prize bingo	Stilts and welly wanging	Cats cradle and hoopla challenge
	PM: Dodge ball and team games	Skittles and parachute games	Hula hoop and limbo competition	Pavement art competition	Party dances and games

St. Nicholas Play centre	Monday	Tuesday	Wednesday	Thursday	Friday
Tel. no. 01438 722753	AM: Skittles and parachute games	Stilts and welly wanging	Giant and French Skipping	Jack stones and marble games	Make a whizzbang and prize bingo
	PM: Cats cradle and hoopla challenge	Dodge ball and team games	Pavement art competition	Hula hoop and limbo competition	Party dances and games



Please scan the QR code for information and links for registration and booking a play session.

To register and book please visit:

www.stevenage.gov.uk

or visit the play centre for further information and a registration form



Stevenage
BOROUGH COUNCIL

WE ARE CELEBRATING THE 75TH ANNIVERSARY OF THE STEVENAGE NEW TOWN.

Why not come along to the play centre, challenge your family and learn a new skill?

The play centres October half term activity programmes includes traditional and street games that generations of children have played in the town.



HOPSCOTCH

FRENCH SKIPPING



MARBLES

Giant Skipping



HOOPLA

Welly wanging



CATS CRADLE

PARTY GAMES



Parachute Games

Prize bingo



Check out the play centres October half term activity programmes for more details

www.stevenage.gov.uk



Stevenage
BOROUGH COUNCIL

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**PARENTS OF
FEATHERSTONE WOOD**

**HALLOWEEN
U.V. DISCO**

21 October
KS2 5.00-6.15pm

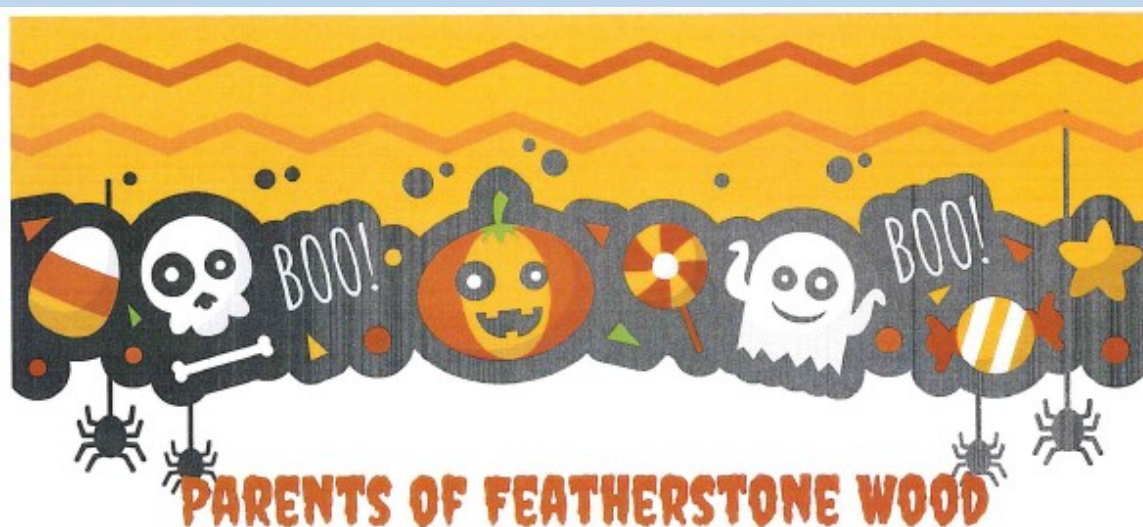
Free Entry
Tuck Shop Available.



Parentkind
Member Association

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Halloween U.V. Disco

21 OCTOBER
EARLY YEARS & KS1 3.45-4.45PM

Free Entry
Tuck Shop Available.



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Featherstone Wood Primary School Welly Walk



(Followed by hot chocolate and biscuits @£1 a child)

Please bring money into class in a named envelope



Friday 5th November
EYFS and KS1 A.M.



All pupils will be walking as many laps of the field that they can in 30 minutes, younger children will be walking smaller laps. We are asking pupils to be sponsored per lap or for a total amount for taking part.

Please can you make sure children have wellies or appropriate footwear (in a carrier bag) along with a warm coat and hat.


If you would like your child to receive a hot chocolate and biscuit after then please send £1 in a named envelope and hand into class teacher.

Featherstone Wood Calendar

Friday, 15 October 2021



October 2021

Mon	Tue	Wed	Thu	Fri
18 <i>Photos</i>	19	20 <i>Swimming Years 4&6</i>	21 	22
25	26	27	28	29
HALF TERM				

November 2021

Mon	Tue	Wed	Thu	Fri
1	2	3 <i>Swimming Years 4&6</i>	4	5 
8	9	10 <i>Swimming Years 4&6</i>	11 <i>Reception Screening</i>	12 <i>Reception Screening</i>
15	16	17 <i>Swimming Years 4&6</i>	18	19
22	23	24 <i>Swimming Years 4&6</i>	25	26 <i>Inset Day</i>
29 <i>Occasional Day</i>	30	1	2	3

Featherstone Wood Primary School

Featherston Road, Stevenage, Herts. SG2 9PP

Tel: 01438 235550