

# Featherstone Wood Newsletter

## Friday, 16 June 2023



Dear Parents and Carers,

Everybody should have got their photo proof of the class photos this week. Orders and payment can be done online or brought into the office by Wednesday 21st.

Letters went out this week to pupils in years 4 and 5 for the PGL trip next year. Deposits to secure a place need to be paid by Monday 3rd July. They had a fabulous time and took part in lots of different activities.



Information regarding Sports Day is on pages 4 and 5

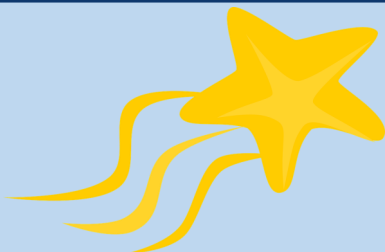
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Congratulations to our



6



5

Lola is star learner for increased confidence in the play learning all of her lines. Lola has also worked hard to improve her writing content over the last couple of weeks. Well done !



Lacey-Ann is star learner for having a good week making all the right choices.

4

Everyone in Year 4 are star learners for showing maturity and giving 100% in their Times Tables test



Nellie and Phoebe are star learner for excellent Maths contribution, improved reading skills and super playground choices

3



1

Olivia is star learner for working hard and giving lots of attention to detail when writing.

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Year 6— Prisha



Year 6— Toni, Andrei, Chayse, Deqwan, Lylah, Rosie and Thandie

Year 5— Joseph, Lillie-Mai and Brigitte

Year 4— Imogen, Emily, Alvina, Oscar, Jabez, Sophia, Jenna, Michelle and Jack



Year 6—

Year 5— Nevaeh, Lacey-Ann and Freddie

Year 4—

Year 3— Nadia, Leah, Nellie and Phoebe



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Early Years parents and grandparents are invited to come and join us at 9.30am on Friday 7th July for our Early Years Sports Day— please use KS1 entrance .

Children need to arrive in their PE kit and must have a water bottle, sun hut and sun cream applied.

Sports day will consist of various races for the children then we will finish with a picnic lunch. Pupils can bring in their own picnic lunch to enjoy with their parents or a school chilled option of ham or cheese can be booked that morning (£2.50 Nursery).

It will be a later finish for morning Nursery children who will go home with their parents after lunch at 12.00. Afternoon Nursery children will return to class for the afternoon.

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Friday 30th June is our Sports Day and picnic for KS1 and KS2. Children need to arrive in their PE kit and must have a water bottle, sun hut and sun cream applied.

Parents can arrive at 9.15 using the KS2 wooden gate and then walk down to the field where they need to find their child's class. KS1 and KS2 will be doing different activities but we will all get together for the last activity the sprint race.

There are six activities for KS1 and seven for KS2 and each class will move round the activities. Each activity will last approx 15 mins and will be started and ended by a member of staff (they will choose winners and we ask parents not to get involved in this decision). We understand that parents may have children in both key stages and encourage parents to move around between the stations.

When finished children will be allowed to find their parents and join them for a picnic on the field. Children whose parents are unable to attend may join the teachers for a VIP picnic ! The picnic will finish at 12.30 when children will return to class and parents can leave.

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## ORAL HEALTH FOR CHILDREN

### WHAT IS TOOTH DECAY?

The hard outer surface of a tooth is broken down or damaged by bacteria and acid making holes in the teeth, called cavities. It can cause pain and infections, and cause problems with eating, speaking, playing, learning, smiling and socialising. Tooth decay occurs when foods and drinks with sugars and starches are left on the teeth.

- Tooth decay is the most common reason for hospital admission in children aged 6-10
- Children with poor oral health have an increased risk of damage to adult teeth



There were 26,000 hospital admissions for children needing dental extraction in 2014 - 2015 (study carried out every 10 years)

### REDUCE THE RISK OF TOOTH DECAY

- Take your child to the dentist when their first milk teeth appear
- Brush teeth twice a day with fluoride toothpaste - no rinsing
- Support children under 7 with brushing
- Children should see a dentist yearly at least
- Children should have fluoride varnish at each visit (which is free)

### WHERE TO ACCESS A DENTIST

Scan the QR code or search "Find a dentist" for the NHS website.



Dental care is free for children and young people aged 0-19 years old.

### TOP TIPS

- Brush teeth in the morning and at bedtime for 2 minutes with fluoride toothpaste
- Use a pea-sized amount of toothpaste
- Spit out after brushing and don't rinse, otherwise the fluoride won't work as well
- Fizzy drinks, fruit juices and sugary snacks should be limited to mealtimes

### HOW TO MAKE IT FUN

- Everyone can brush their teeth together - why not try a staring contest?
- Brushing to the beat - why not brush to your favourite song?
- Go electric?
- Use a timer - see who gets to two minutes without stopping



# Featherstone Wood Calendar

## Friday, 16 June 2023



### June 2023

Mon	Tue	Wed	Thu	Fri
19	20	21 Swimming Yr 6	22	23
26	27	28 Swimming Yr 6	29	30 KS1 & 2 sports day and picnic

### July 2023

Mon	Tue	Wed	Thu	Fri
3	4	5 Swimming Yr 6	6	7 Early Years Sports Day
10	11	12 KS2 PLAY 2PM & 6PM	13 Transition Day	14
17	18	19 SCHOOL CLOSES 2PM	20 INSET DAY	21 INSET DAY

## Featherstone Wood Primary School

Featherston Road, Stevenage, Herts. SG2 9PP

Tel: 01438 235550